



## **How to Keep Students with Physical Disabilities Active: Physical Educational and Coaching Guides Available FREE for Teachers, Coaches, Parents and Students through the American Association of Adapted Sports Programs**

**Atlanta, September 5, 2014** –The American Association of Adapted Sports Programs (AAASP) announced today the offering of their library of educational resources and guides for schools (AAASP - [www.aaasp.org](http://www.aaasp.org)), made possible through the support of generous sponsors and partners. AAASP aids K-12 schools to include athletes with physical disabilities in sport.

AAASP's online resource library contains handbooks, manuals and rule books for many aspects of wheelchair sports, including: wheelchair basketball, football, and handball – as well as handbooks on the basics – wheel chair handling, ball handling (skills and drills for children in wheelchairs), and even first-aid and sport wheelchair setup. High School Track and Field coaches are even invited to view a free 30-minute training video on wheelchair racing, conducted by Paralympian Cristina Ripp, and courtesy of Kraft Cares.

Schools, teachers and parents can download these free materials, endorsed by **(have they been endorsed by the NFHS or any of your partners, that we can mention it here?)**, by logging on to <http://www.adaptedsports.org/adaptedsports/resources/resources.html> . Thank you to the following organizations for making the offerings possible: The Jim Mora Count On Me Family Foundation, Kraft Cares, CVS Pharmacies, and the Atlanta Hawks Youth Foundation **(are there any others to thank?)**

In January 2013, the Office of Civil Rights of the US Department of Education issued a Dear Colleague Letter clarifying schools' obligations to be inclusive in athletics by allowing the disabled on traditional teams where appropriate, by adding adapted sports programs or both. Georgia's AAASP continues to be the national model for secondary schools, working exclusively in this area since 1996 and receiving numerous state and national awards for their successes in getting kids off the sidelines.

The American Association of Adapted Sports Programs (AAASP), headquartered in Atlanta, Georgia, has developed one of the nation's most comprehensive school-based athletic program for children with physical disabilities attending grades 1-12. Many prominent individuals and national organizations in the industry have recognized AAASP as the model for the nation. For more information about AAASP, please visit our website at [www.adaptedsports.org](http://www.adaptedsports.org) or join our conversations on Facebook at: [https://www.facebook.com/pages/American-Association-of-Adapted-Sports-Programs-AAASP/164050623648677?ref=br\\_tf](https://www.facebook.com/pages/American-Association-of-Adapted-Sports-Programs-AAASP/164050623648677?ref=br_tf) or on Twitter at: @AdaptedSports.

###

### **Contacts:**

Atlanta: Terri Grunduski, Grunduski Group – [terri@grunduskigroup.com](mailto:terri@grunduskigroup.com) 404-226-7497  
Donna Fezell, Grunduski Group – [donna@grunduskigroup.com](mailto:donna@grunduskigroup.com) 404-290-1929